



Princess Nourah Bint
Abdulrahman University
College of Health and Rehabilitation

College of Health and Rehabilitation Sciences
Department of Health Communication Sciences
Speech and Swallowing Pathology (SSP) Program

SSP Program Handbook

Version 1
2023-2024



INTRODUCTION

Welcome to the Speech and Swallowing Pathology (SSP) program at the College of Health and Rehabilitation Sciences at Princess Nourah University. We hope your experiences as an undergraduate student will be rewarding as you progress through the program.

This program handbook is an introduction to the program and serves as an official document containing current policies and procedures of PNU.

It is the student's responsibility to read this handbook thoroughly and to refer to it for current policies and procedures and/or clarification during academic education.

The department chair and program faculty are available to meet with you regarding any concerns, comments, or questions you may have regarding your undergraduate studies. Please feel free to contact them via their university email account anytime.

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Overview of the College of Health and Rehabilitation Sciences

College of Health and Rehabilitation Sciences came to be one of the basic scientific structures at Princess Noura Bint Abdelrahman University to prepare, qualify, and graduating scientifically and professionally qualified cadres in the field of health and rehabilitation sciences. It also aims to meet the needs of society in this field and to confirm its role in the development of the community in integration with other sciences and disciplines.

It was established in 1429, and Higher Education Council Resolution No. 7-17 / A was issued on 8/17/1433 AH, approving the restructuring of the Faculty of Physiotherapy and changing its name to the College of Health and Rehabilitation Sciences. The college has many departments, and each department has several programs

Department of Radiological Sciences includes

- Radiation therapy
- Ultrasound imaging
- Diagnostic imaging
- Nuclear medicine technology

The Department of Rehabilitation Sciences includes:

- Doctor of Physiotherapy Program
- Occupational Therapy Program.
- Respiratory Care Program

The Department of Health Sciences includes:

- Health education and promotion program.
- Epidemiology program.
- Clinical Nutrition Program
- Clinical Psychology Program

The Department of Health Communication Sciences includes:

- Audiology Program
- Speech and Swallowing Disorders Program



CHRS Vision, Mission, and Goals

College Vision

Be a beacon in knowledge building that contribute to sustainable health development

College mission

Prepare cadres, qualified on the levels of knowledge, profession and research in accordance with the latest standards for the development of health care and community service

College Goals

1. Qualify specialized cadres in the fields of Health and Rehabilitation sciences capable of professional practice according to the latest standards.
2. Promote continuous learning, and innovation according to modern technology
3. Produce researches in the field of healthcare that contributes to the application of evidence-based practice.
4. Contribute effectively to improving community's health and quality of life in collaboration with relevant sectors.



Overview of the Speech and Swallowing Program

Mission, Objectives, and Program Learning Outcomes

SSP Program Mission:

Speech and swallowing pathology program prepare qualified graduates to be independent professionals equipped with the foundations of knowledge, critical thinking, effective research and clinical practice for community service.

SSP Program Goals:

1. Provide graduates with a supportive scientific environment and clinical experience in the field of speech and swallowing disorders.
2. Use modern technology and innovative education to enhance the specialized knowledge and continuous education.
3. Prepare graduates professionally with comprehensive skills to meet the needs of the job market.
4. Promote graduate's contribution to community service.
5. Support the application of research in the field of speech and swallowing disorders.

SSP Program Learning Outcomes

Knowledge and Understanding

- | | |
|----|--|
| K1 | Demonstrate basic knowledge of the concepts, theories, and principles of communication and swallowing disorders. |
| K2 | Identify the principles and methods of prevention, assessment, and intervention of communication and swallowing disorders. |
| K3 | Identify ethical and professional standards in the specialty of communication and swallowing disorders. |

Skills

- | | |
|----|--|
| S1 | Apply critical thinking and "evidence-based" practice in the field of communication and swallowing disorders |
| S2 | Conduct appropriate clinical practice and/or procedures in the field of communication and swallowing disorders. |
| S3 | Utilize advanced technology and tools in the diagnosis and intervention of communication and swallowing disorders. |
| S4 | Conduct specialized research in the field of communication and swallowing disorders |

Values, Autonomy, and Responsibility

- | | |
|----|--|
| V1 | Demonstrate professionalism and adherence to ethical standards in the field of communication and swallowing disorders. |
| V2 | Demonstrate commitment, initiative, and leadership skills in the field of communication and swallowing disorders. |



Program Identification and Curriculum Information

SSP Program's Main Location

Princess Nourah University, A10, College of Health and Rehabilitation Sciences, Building 240, 2nd floor

Professions/jobs for which students are qualified

Speech, language, communication and swallowing Pathology

Relevant occupational/ Professional sectors

Professional sectors include (but exclusive in) governmental and private hospitals, private clinics, rehabilitation centers, research centers, health centers, freelancers, universities academic education, and / or school settings.

Student Admission Requirements

- Passing all foundation year courses within four semesters from the date of the student's registration at the university.
- GPA \geq 3 out of 5.

Curriculum Structure

Program Structure	Required/ Elective	No. of courses	Credit Hours	Percentage
Institution Requirements	Required	2	4	3%
	Elective	4	8	6%
Health Track-preparatory Year Requirements	Required	10	28	21%
	Elective	0	0	-
College Requirements	Required	5	15	11%
	Elective	0	0	-
Department Requirements	Required	5	14	10%
	Elective	0	0	-
Program Requirements	Required	21	67	49%
	Elective	0	0	-
Field Training/ Internship	Required	0	12 months	-
Total		47	136	100



Program Courses

Level	Course Code	Course Title	Required or Elective	Pre-Requisite Courses	Credit Hours	Type of requirements (Institution, College, or Program)
Level 1	ENG 131	Academic English for Health Specialties (1)	Required	-	3	Health Colleges
	MATH 162	Statistics for Health Specialties	Required	-	3	Health Colleges
	CHEM 104	General Chemistry for Health Specialties	Required	-	3	Health Colleges
	HRS 118	Medical Terminology	Required	-	2	Health Colleges
	BIO 105	human Biology for Health Specialties	Required	-	3	Health Colleges
	-	University Mandatory (1)	Required	-	2	Institution
Level 2	ENG 132	Academic English for Health Specialties (2)	Required	ENG 131	3	Health Colleges
	MME 110	Health Profession Skills	Required	-	3	Health Colleges
	PHYS 105	General Physics for Health Specialties	Required	-	3	Health Colleges
	CPP 100	Fundamentals of Scientific Research	Required	-	3	Health Colleges
	BDS 100	Introduction to Health Professions and Ethics	Required	-	3	Health Colleges
	-	University Mandatory (2)	Required	-	2	Institution
	-	University Elective (1)	Elective	-	2	Institution
Level 3	HRS 111	Human Anatomy and Physiology	Required	-	4	College
	HCS 201	Introduction to Hearing and Speech Sciences	Required	-	3	Program
	HCS 202	Introduction to Psychology	Required	-	3	Program
	HRS 114	Emergency Life Support Techniques	Required	-	3	College
	HCS 203	Human Growth & Development	Required	-	2	Program



Level	Course Code	Course Title	Required or Elective	Pre-Requisite Courses	Credit Hours	Type of requirements (Institution, College, or Program)
	-	University Elective (2)	Elective	-	2	Institution
Level 4	SLS 221	Phonetics	Required	HCS 201	3	Program
	SLS 231	Linguistics	Required	-	4	Program
	SLS 251	Anatomy and Physiology of Speech and Hearing	Required	HRS 111	4	Program
	HEP332	Professionalism and Ethics in Health Care Practices	Required	-	2	Program
	-	University Elective (3)	Elective	-	2	Institution
	-	University Elective (4)	Elective	-	2	Institution
Level 5	SLS 332	Developmental Language Disorders-1	Required	SLS 231	2	Program
	SLS 333	Acquired Language Disorders	Required	SLS 231	3	Program
	SLS 352	Neuroanatomy and physiology of speech and hearing	Required	SLS 251	4	Program
	SLS 361	Referral and Professional Counseling	Required	HCS 201	3	Program
	HRS 116	Biostatistics	Required	-	3	College
Level 6	SLS 323	Resonance Disorders	Required	SLS 352 SLS 251	4	Program
	SLS 325	Articulatory Disorders	Required	SLS 221	3	Program
	SLS 322	Fluency Disorders	Required	SLS 352	3	Program
	SLS 334	Developmental Language Disorders-2	Required	SLS 332	2	Program
	SLS 324	Neurogenic Speech Disorders	Required	SLS 352	3	Program
	SLS 355	Audiology	Required	HCS 201	3	Program
Level 7	HCS 481	Research Project I	Required	HRS 116	4	Program
	SLS 441	Swallowing and Dysphagia in Adult	Required	SLS 251 SLS 352	3	Program



Level	Course Code	Course Title	Required or Elective	Pre-Requisite Courses	Credit Hours	Type of requirements (Institution, College, or Program)
	SLS 442	Feeding and Dysphagia in Children	Required	SLS 251 SLS 352 HCS 203	3	Program
	SLS 453	Aural Rehabilitation	Required	SLS 355	3	Program
	SLS 462	Clinical Preparation	Required	SLS 361	4	Program
Level 8	HCS482	Research Project II	Required	HCS 481	2	Program
	SLS 471	Voice Disorders	Required	SLS 251 SLS 352	3	Program
	SLS 454	Augmentative and Alternative Communication	Required	SLS 352	3	Program
	SLS 463	Report writing and counseling in speech	Required	SLS 361 SLS 462	3	Program
	SLS 472	Voice assessment and rehabilitation	Required	SLS 251 SLS 352	4	Program
	HEP 331	Communication Skills for Health Care Professionals	Required	-	3	Health Colleges
	SLS 591	Internship year	Required	Completing 136 Credit hours		



Students' Support and General Policies

The College of Health and Rehabilitation Sciences (CHRS) has 6 student manuals that can be accessed through the college website and/ or via the link below:

<https://pnu.edu.sa/ar/Faculties/Health-Rehabilitation/Student/Pages/Guidelinesforstudents.aspx#content>

These manuals include the following:

- 1- Admission and registration
- 2- Students Rights and Duties
- 3- Study Regulations and Tests for Students
- 4- Complaints and Grievances for Students
- 5- Student Guidance and Counselling Services
- 6- Manual of the internship program

1. Admission and Registration

This CHRS manual contains general information about the college and general information about the study period. It also explains the registration and enrollment rules. Please refer to the link below for CHRS manual details

<https://pnu.edu.sa/ar/Faculties/Health-Rehabilitation/Student/Pages/Guidelinesforstudents.aspx#content>

Also you can access PNU admission manual through the website or via the following link:

[https://pnu.edu.sa/en/Deanship/Registration/Documents/admission%20guide1444%20\(1\).pdf](https://pnu.edu.sa/en/Deanship/Registration/Documents/admission%20guide1444%20(1).pdf)

2. Students Rights and Duties Manual

This CHRS manual contains the Academic and non-academic student rights and Student duties. Please refer to the link below for CHRS manual details

<https://pnu.edu.sa/ar/Faculties/Health-Rehabilitation/Student/Pages/Guidelinesforstudents.aspx#content>

Student Code of Conduct

Students at PNU are expected to observe University rules and regulations, to respect people and property, and to show courtesy and consideration at all times. The need to take disciplinary action should be rare. Any alleged misconduct will be dealt with under the procedures found in the Student Disciplinary Rules. These procedures apply to all students at PNU.



3. Study Regulations and Tests for Students Manual

This CHRS manual contains the following:

- Academically Dis-honest Behaviors (Plagiarism, Multiple Submissions, Fabrication, Misuse of Materials, Misrepresentation, Facilitation of Academic Dishonesty, Suspected Violations).
- Withdrawal with Excuse, Re-enrolment, and Dismissing
- Breaches of Academic Integrity
- Attendance and Exams

Please refer to the link below for details

<https://pnu.edu.sa/ar/Faculties/Health-Rehabilitation/Student/Pages/Guidelinesforstudents.aspx#content>

Main Points

a. Attendance and participation

Regular class attendance and participation are required. Attendance and classroom participation are essential for the successful completion of this course. Classroom (chat) discussion is important. It is expected, however, that the discussions will be between a student and the entire class, not just one or two people. Private discussions during chats are distracting to the instructor and class members.

As per PNU attendance policy, a regular student shall attend lectures and practical lessons, and she is prevented from sitting in the final exam if her attendance average is below the one decided by the University Council, i.e, shall not be less than (75%)of lectures and practical lessons determined for each course during the semester. The Student prevented from sitting in the exam because of absence is deemed failed the course and is given grade (DN).

The regular student will be deprived from sitting in the final exam if her absence exceeds 25 % of the total Lectures, practical, and field lessons, and the student deprived of a course is considered failed.

The course instructor gives the student a first warning letter of absence if her absence average exceeds 10% of the total lectures of the course and a second warning letter if her absence 20% reaches 25 %.

b. Grading

PNU has a standard system for assessment grading. A student's grades are calculated against an assessment scale, which is out of 5 points. An assessment receiving F/1.0, i.e. less than 60%, is denoted a failure.



Grades earned by the students are calculated on grade scale basis out of (5) points as follows:

Percentage	Grade	Grade Symbol	Points Scale
95-100	Exceptional	A+	5.00
90-95	Excellent	A	4.75
85-90	Superior	B+	4.50
80-85	Very good	B	4.00
75-80	Above average	C+	3.50
70-75	Good	C	3.00
65-70	High pass	D+	2.50
60-65	Pass	D	2.00
Less than 60	Fail	F	1.00

4. Complaints and Grievances for Students Manual

This CHRS manual contains information about the “**Protection of Students' Rights Unit**”.

The unit aims to educate students about their responsibilities and rights to protect them in accordance with university rules and regulations.

Link to the organizational rules manual:

<https://www.pnu.edu.sa/ar/Deanship/studaffairs/Documents/Organizational%20rules.pdf>

Mechanism of Complaint Submission and forms are available in the CHRS manual and can be accessed through the following link:

<https://pnu.edu.sa/ar/Faculties/Health-Rehabilitation/Student/Pages/Guidelinesforstudents.aspx#content>

5. Student Guidance and Counselling Services manual

This CHRS manual includes academic advising and information about the “Psychological and Social Counseling Unit”. Please refer to the link below for CHRS manual details

<https://pnu.edu.sa/ar/Faculties/Health-Rehabilitation/Student/Pages/Guidelinesforstudents.aspx#content>

Further information and electronic form can be accessed through the deanship of admission and registration website (academic counselling):

<https://pnu.edu.sa/en/Deanship/Registration/Pages/AcademicAdvisor.aspx#content>

Academic Advising:

Each student is assigned an academic advisor who follows her from the beginning of her studies until she graduates.

Academic Advising Tasks at the Program level:

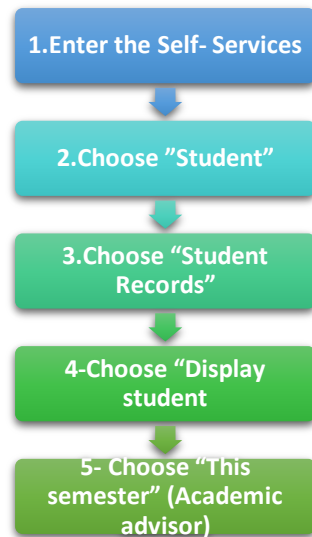


Each academic advisor should:

- Conduct regular meetings with students regularly.
- Advise students to make the right decisions related to their academic and professional future.
- Work on improving students' achievement levels by directing them according to the approved academic plan.
- Provide advice in all areas that may affect students' educational path and overcome the difficulties they may face while studying.
- Follow up with students while studying, especially stumbling students, study the reason for their stumbles, and create plans to improve their levels.

The student can identify her academic advisor's name through:

- 1- Academic advising billboard on banner
- 2- Academic student account by using the following steps:



Contact information of the Academic Advising Unit in the college:

Location	Email	Unit Secretary
Building 240 2 nd floor	Chrs-ag@pnu.edu.sa	Haya Aldosary
		0118240546

The Psychological and Social Counseling Unit

- The aim of this unit is to provide both psychological and social support for students and help them overcome any stress that may negatively impact their mental health and academic success.
- Student confidentiality is always respected following PNU policy on student's privacy.
- Services provided by the unit includes psychological and social consultation. Appointments can be arranged through email or referral by the student's academic advisor to provide necessary guidance/support.



Contact information of the unit:

Location	Email	Social Workers	
Building 240 Ground floor Student Services Unit	Chrs-ss@pnu.edu.sa	Manal Alnasser	Khulod Alfadhli

6. Manual of Internship

Graduates from the speech and swallowing pathology program who completed 136 credits must undertake a twelve-month internship training program. Upon successful completion of the program requirements, the candidate will receive an internship training certificate issued and sealed by the CHRS, PNU.

An internship training program is an essential requirement for full registration as a clinical practitioner by the Saudi Commission for Health Specialties.

This CHRS manual consists of the following information:

- Selection of training site
- Training and Internship Committee (TIC)
- Roles of the intern's supervisor in the clinics
- Attendance and absence
- Extension of clinical training
- Request for change of rotation
- Professionalism and Discipline

Please refer to the link below for CHRS manual details

<https://pnu.edu.sa/ar/Faculties/Health-Rehabilitation/Student/Pages/Guidelinesforstudents.aspx#content>

Contact information of the Training and Internship Unit:

Location	Email	Social Workers		
Building 240 2 nd floor Training and Internship Unit	Chrs- tu@pnu.edu.sa	Dalal Al- Sulaiman	Nadia Alshehri	Ibtisam Al- Nashwan
		0118241362	0118240572	0118240788



Additional Support

Deanship of Admission and Registration

The deanship at PNU provides multiple assistants to the students, such as:

- Follow up on students' registration procedures within the specified dates.
- Follow up academic procedures such as (transfer from inside and outside the university, postponement, apology, deregistration, etc.).
- Supervise the admission of scholarship students.
- Oversee the academic guidance processes in the university colleges.
- Follow up the graduation of students, hand them graduation documents and academic records, and develop a graduate handbook.
- Develop lists of students' stipends and oversee its affairs.

Please refer to the deanship website below for further information

<https://pnu.edu.sa/en/Deanship/Registration/Pages/Brief.aspx>

The deanship website also provides electronic forms on the following:

-Remuneration form for students

-Form for handling registration conditions in the academic schedule.

-Transfer application form from Princess Noura bint Abdulrahman University.

-An apology form for a course.

-File check-out form

-Transfer application form to Princess Noura bint Abdulrahman University.

-Result Review Request Form .

- Modification Result Form .

- Application form for a visit at another university.

-Application form for a visit to Princess Noura bint Abdulrahman University.



Program Faculty Members Directory

Office hours schedule is available outside faculty members' offices. Emails are the official way of communication. Emails will typically be answered within 24 hours unless an away notice is posted.

Directory

The Department of Health Communication Sciences is in Budling 240, 2nd floor.

	Name	Email	Office no.
Department	-	Chrs-CS@pnu.edu.sa	Budling 240 2 nd floor
Head of Department	Dr. Nisreen Alawaji	nnalawaji@pnu.edu.sa	2.
Program Director	Dr. Maha Aldera	maaaldera@pnu.edu.sa	2.
Faculty	Dr. Noura Alajrosh	naalajroush@pnu.edu.sa	2.
Faculty	Dr. Bedoor Nagshabandi	Bsnagshabandi@pnu.edu.sa	2.
Administrative staff	Mrs. Dalal Alabdan	daalabdan@pnu.edu.sa	2. Ex. 39587
Administrative staff	Mrs. Hessah Alhossain	hmalhossain@pnu.edu.sa	2. Ex. 40497

Also, you can access the CHRS directory through the following link:

https://pnu.edu.sa/ar/Faculties/Health-Rehabilitation/about_the_college/Documents/Communicationguide.pdf

Prepared By

Program Director
Dr. Maha Aldera

Signature / Date

1 November 2023

Approved by

Speech and Swallowing Pathology Program Committee
Dr. Nisreen Alawaji (Head of the department)
Dr. Noura Alajroosh
Dr. Bodour Nagshabandi

Date:

1 November 2023

8/11/2023	التاريخ:	العاشر	اعتماد مجلس القسم
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