







Course Specification

— (Bachelor)

Course Title: Academic English for Health Specialties 1

Course Code: **ENG 131**

Program: English Language Program

Department: N/A

College: English Language Institute

Institution: Princess Nourah Abdulrahman Univeristy

Version: Third Version

Last Revision Date: January 29, 2024





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A. General information about the course:

4	Course			
	COLLEGE	ın	entiti	cation

1. 0	redit hours:				
3 hc	ours				
2. 0	2. Course type				
A.	□ University	□ College	□Department	□Track	□Others
В.	⊠ Required		□Elect	ive	
3. Level/year at which this course is offered: Level 1 (2023-2024)					
4. Course general Description:					

This is an introductory level course which aims to build on students' previous knowledge to develop their academic Composition, Reading, and Critical Thinking skills appropriate to their level while giving practice in both the Academic Writing and oral processes. Eng131 course is the first of two Academic English for Health track students. This pre-intermediate level English course is a Fifteen-week module course with fifteen hours of instruction each week. This course consists of two interconnected components: an academic writing and reading component and listening and an oral component. The oral component emphasizes the development of general Listening, Speaking, and presentation skills essential for oral communication tasks inside and outside of the classroom. The academic Reading and Writing component, addresses the basic writing structure of logical division of ideas, paragraphs organization, basic comprehension skills, word building, reading strategies and vocabulary sequence. Furthermore, it emphasizes the development of critical thinking skills essential for academic studies.

5. Pre-requirements for this course (if any):

N/A

6. Co-requisites for this course (if any):

N/A

7. Course Main Objective(s):

The main purpose of this course is to provide students with key knowledge and skills to help them comprehend the gist of clear, standard input on familiar topics encountered in professional, academic, and recreational settings, such as work, school, and leisure. The course can develop students' abilities to think critically and articulate experiences and opinions in an academic context.

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	180	80





No	Mode of Instruction	Contact Hours	Percentage
2	E-learning	N/A	N/A
3	HybridTraditional classroomE-learning	45	20
4	Distance learning	N/A	N/A

3. Contact Hours

No	Activity	Contact Hours
1.	Lectures	180
2.	Laboratory/Studio	N/A
3.	Field	N/A
4.	Tutorial	N/A
5.	Others (Assignments, projects, Blackboard participation)	45
Total		225

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of PLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understa	nding		
1.1	Express matters through sufficient repertoire of vocabulary related to academic and social topics at an intermediate level of comprehension.	N/A	Individual work Pair work Group work	Written and spoken exams. Assignments Projects Vocab 7.5
1.2	Demonstrate sound knowledge of grammar structures related to different contexts at an intermediate level of comprehension.	N/A	Individual work Pair work Group work	Written and spoken exams. Assignments Projects Grammar 7.5
2.0	Skills			
2.1	Adapt Reading skills such as prediction,	N/A	Jigsaw Reading	Exams Projects



Code	Course Learning Outcomes	Code of PLOs aligned with program	Teaching Strategies	Assessment Methods
	making inferences, reading for main ideas, and reading for supporting details/examples when using texts related to academic topics.		Brainstorming	Assignments Reading 15
2.2	Infer main ideas and details through listening, involving conversations, interviews, presentations, and lectures covering diverse topics.	N/A	Guided discovery Listening Teacher-fronted elicitation	Exams Projects Assignments Listening 15
2.3	Express opinions and justify viewpoints on academic subjects while connecting them to personal experiences.	N/A	Role play Wole-class discussion Group discussions Students' presentations	Exams Projects Assignments Speaking 10
2.4	Compose paragraphs on given topics using academic and technical writing elements, and critical thinking skills.	N/A	Individual work Pair work Group work Problem solving activities	Exams Projects Assignments Writing 10
3.0	Values, autonomy, and re	esponsibility		
3.1	Work collaboratively and demonstrate responsibility and respect in personal and professional relationships when performing tasks that involve using English language.	N/A	Games and puzzles Individual work Group work Pair work	Participation 5
3.2	Perform tasks that promote critical thinking and problem solving	N/A	Individual work Group discussion Mingle activities	Research And mind maps Written drafts



Code	Course Learning Outcomes	Code of PLOs aligned with program	Teaching Strategies	Assessment Methods
	when using the English language.		Students' presentations Modelling and drilling	Notecards Presentations Projects 30

C. Course Content

No	List of Topics	Contact Hours
	Reflect 3	
1.	Unit 1 Listening Listening for main idea/s Suffix: -ion Using a dictionary: Example sentences Speaking Give a presentation Word Stress Reading Understanding main ideas and details Polysemy-Connotation Writing Organize a paragraph Grammar Verbs + Gerunds. Multi-word verbs Vocabulary: Suffix: -ion Using a dictionary: Example sentences Critical Thinking: Brainstorm solutions Support your opinion	30
2.	Unit 2 Listening Listen for signal words Formal and informal language Speaking Give a presentation. Word stress. Reading Understanding charts Prefix: mis-	30



	Using a dictionary: synonyms	
	Writing	
	Grammar	
	Future real conditionals.	
	Simple past tense and past continuous	
	Vocabulary	
	Prefixes: in-, im-, and mis-	
	Using a dictionary; synonyms	
	Critical Thinking:	
	Support your opinion	
	Unit 3	
	Listening	
	• Listen for numbers	
	Speaking Ask for elerifications	
	Ask for clarifications. Bhythm and stress content us content structure words.	
	 Rhythm and stress; content vs. content structure words Reading 	
	Make inference	
	Writing	
	Write supporting ideas and details	
3	Grammar	15
	Simple past and past continuous	
	Adjective clauses	
	Vocabulary	
	 Suffix: Change nouns and verbs to adjective 	
	Base words and affix	
	 Using a dictionary: Choose the correct meaning, 	
	Critical Thinking:	
	Evaluate data	
	Synthesize information	
	Unit 5	
	Listening	
	Listen for time words	
	Speaking	
	Ask follow-up questions	
	• Final information	
5	Reading Linderstanding propoun reference	30
	Understanding pronoun reference Compound words	
	Compound wordsSuffix : -en	
	Writing	
	Write a concluding sentence	
	Grammar	
	Present perfect	





	 Connecting words for reasons and results Vocabulary Suffixes: -er ,-or , and -ant Polysemy :Multiple-meaning words Compound words. Suffix: -en Critical Thinking: Preview a listening Evaluate ideas 	
6	Unit 6 Listening	30
7	Unit 7 Listening Take notes: Numbers and time periods Speaking Present results Connected speech Reading Annotate a text Suffix: -ive Word families: Noun, verbs, and adjectives Writing Write an introductory paragraph Grammar ing forms	30



	 Verbs followed by gerunds or infinitives Vocabulary Using dictionary :synonyms Collocations : Make and do + noun Suffix: -ive Word families :Noun ,verbs, and adjectives Critical Thinking: Question ideas Question sources 	
8	Unit 8 Listening Use a T-chart to take notes Speaking Using signal words and phrases Thought groups Reading Distinguish between facts and opinions Context clues Word families :Nouns, Verbs, and adjectives Writing Write concluding a paragraph Grammar Infinitives of purpose Adverb clauses of contrast Vocabulary Using a dictionary :antonyms Phrasal verbs with look Word families :Nouns, Verbs, and adjectives Critical Thinking: Evaluate pros and cons Evaluate the practicality of advice	30
1	Unit 1 Listening • Notice tone of voice and attitude Speaking • Check understanding and clarity • Reduction in questions Reading • Recognize how information is supported • Using a dictionary :Antonyms Writing • Organize an opinion essay Grammar	30



- Direct and indirect questions
- Adjective clauses

Vocabulary

- Suffixes: -al, -ial, and -ical.
- Using a dictionary: antonyms.

Critical Thinking:

- Apply prior knowledge.
- Understand a writer's purpose.

Total 225

D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Curricular activities and participation Participation – 5 points Speaking project – 15 points Writing portfolio – 15 points	-	35
2.	Midterm Exam	6-7	25
3.	Final Exam	12-13	40

^{*}Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	Reflect Reading and Writing 3 by National Geographic, 2021. Reflect Listening and Speaking 3 by National Geographic, 2021. Reflect Reading and Writing 4 by National Geographic, 2021. Reflect Listening and Speaking 4 by National Geographic, 2021.
Supportive References	Supplementary learning resources e.g. PowerPoints, interactive resources.
Electronic Materials	Blackboard
Other Learning Materials	N/A

2. Required Facilities and equipment

Items	Resources
facilities	Classroom with 30 chairs & 15 tables (average –
(Classrooms, laboratories, exhibition rooms,	depending on number of students per section.
simulation rooms, etc.)	



Items	Resources
Technology equipment (projector, smart board, software)	E-podium, overhead projector, electronic whiteboard, coursebook software, internet, speakers
Other equipment (depending on the nature of the specialty)	Internet access, Blackboard accounts, White board, Teacher resources room and library for lesson preparations and professional development.

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Observation Committee	Observation Feedback Form
Effectiveness of Students assessment	Teachers (first marker- Second marker) CMAS1 checker	CMAS Team Standardization Rubric Course Reports External Audits
Quality of learning resources		
The extent to which CLOs have been achieved		
Other		

Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify)

Assessment Methods (Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE	CURRICULUM UNIT
REFERENCE NO.	
DATE	DEC 24 2023

