

المملكة العربية السعودية وزارة التعليم جامعــة الأميــرة نــورة بنـت عبــدالرحمـــن (٤٨)

الكلية التطبيقية Applied College

Program: Culinary Arts

Course title	Introduction to Tourism and Hospitality Industry
Course code	HOS 100
Credit hours	4
Medium of	English Language
instruction	
Course	The course introduces students to the general and particular
description	characteristics of the Tourism and Hospitality industry. It is an
	introductory course to Tourism, Travel and Hospitality,
	introducing these topics and placing them into a correct and
	updated local and international perspective. The course is
	designed to develop knowledge and understanding.

Course title	Hospitality Legal Issues
Course code	HOS 110
Credit hours	4
Medium of	English Language
instruction	
Course	This course is designed to familiarize students with an
description	opportunity to understand how law and ethics affect Saudi
•	hospitality operations and to examine a number of issues
	relating to business and legal relationships within hospitality
	businesses. Students will be able to recognize and analyze work
	and ethical considerations encountered within hospitality
	industry to contribute value to one's self, business and society.

Course title	Introduction to Culinary Arts
لمشفوعات:	



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Course code	CUL 100				
Credit hours	4				
Medium of instruct	ion English language				
Course description	This course provides students with basic culinary arts				
	knowledge and skills through addressing industry				
	standards, knives skills, equipment and tools, principle of				
	cooking techniques, recipes weights and measures, in				
	addition to food safety, and sanitation. Students should be				
	able to practice basic culinary knowledge and skills and				
	explore culinary preparation foundations.				
Course title	Food Safetyand Sanitation				
Course code	CUL 140				
Credit hours	4				
Medium of	English language				
instruction					
Course	A study of personal hygiene; sanitary practices in food				
description	preparation causes investigation, control of illness caused by				
	food contamination (Hazard Analysis Critical Control Points				
	(HACCP); and work place safety standards.				

Course title	Principles of Hospitality Accounting
Course code	HOS 141
Credit hours	4
Medium of instruction	English Language
Course description	This course is outlined to educate students the fundamental concepts and principles of uniformed system of financial accounting into Saudi hospitality operations. It involves accounting terminology, accounting cycle, bookkeeping and inventory valuation, appraisal of fixed tangible assets and intangible assets, and preparation then analysis of accounting reports. Students should be able to perform an interpretation and assessment of financial statements in the context of



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hospitality businesses for properly decision making.

Course title	Breakfast Cuisine
Course code	CUL 101
Credit hours	4
Medium of	English Language
instruction Course	This course is designed to teach the student culinary breakfast
description	concepts including instruction and practical application of a variety of competencies. Students will learn egg cookery, omelet production, pancakes & waffles, breakfast potatoes & proteins, and hot cereals. Students are also introduced to sausages & production, breakfast beverages, crepes, quiches, poached egg dishes and quick breads. The emphasis is on
	applying culinary techniques to cook and present quality breakfast dishes for buffet and a la carte presentations. Lab.





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Course title	Soups, Stocks and Sauces Production
Course code	CUL 102
Credit hours	4
Medium of	English Language
instruction	
Course	This course is designed to familiarize students with production
description	of soups, stocks and sauces. Intermediate sauce making
	techniques and processes. Includes skills in inventory control and production planning, as well as initial supervisory skills.

Course title	Vegetables and Starches Production			
Course code	CUL 103			
Credit hours	4			
Medium of	English Language			
instruction				
Course	This course is an introduction to purchasing and evaluating			
description	freshness of vegetables and starches, along with storage and			
	multiple cooking methods. Students will also learn to identify			
	and use various grains, starches and vegetables.			

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Course title	Nutrition & Menu Engineering
Course code	CUL 141
Credit hours	4
Medium of	English Language
instruction	
Course	This course is outlined to familiarize culinary students with
description	basic fundamental concepts of nutrition with an emphasis on
	exploring and developing tools needed to create, modify, and
	evaluate menus and recipes for various clienteles. Students
	should be to develop and design various menus using nutritional aspects for different groups of clientele.

Course title	Meat, Poultry and Seafood Production
Course code	CUL 111
Credit hours	4
Medium of instruction	English Language
Course description	In this course, students develop skills in the preparation and cooking of meat, poultry and seafood. Students develop skills in choosing appropriate ingredients for basic Asian dishes and learn basic techniques in cutting, seasoning and marinating. Students also learn various cooking methods including stir frying, deep frying, boiling, braising, steaming and barbecue.

Course title	Food & Beverage Management
Course code	CUL 121
Credit hours	4
Medium of	English language
instruction	



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Course	This course introduces food and beverage in different contexts,
description	including understanding of the internal operations of a food and
	beverage service management in business and their latest trends,
	industry, and health related facilities. It also addresses
	presentation and analysis of food service operations' structures,
	job descriptions, internal controls, internal system design, and
	specialty food service equipment considerations. Students will
	be able to analyze the functions of the food and beverage
	division within a lodging operation.

Course title	Pastry & Bakery		
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Course code	CUL 112		
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Credit hours	4		
Medium of	English Language		
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instruction			
Course	This introductory practicum is designed to educate students the		
description	principles of professional baking and pastry techniques such as		
I a sa s	trends in baking and pastry, standards of professionalism,		
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	ingredient and equipment identification/selection, the functions		
	of ingredients, and the use of a standardized recipe. Students		
	should practice introductory level of producing modern plated		
	desserts, cakes, pastries, tarts, pies, and assorted breads.		

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Course title	Cold Cuisine
Course code	CUL 213
Credit hours	4
Medium of instruction	English Language
Course description	This introductory practicum course recognizes the cold section of food production with an emphasis on knife skills, mise en place for salad and dressings' preparation, cold sandwiches, and proper safety and sanitation procedures. Students should practice classic cold cuisine through a series of projects created by the instructor.

Course title	International Cuisine
Course code	CUL 221
Credit hours	4
Medium of	English Language
instruction	
Course	In this practicum advanced course, students will learn more
description	advanced culinary skills with an emphasis on the preparation
	and service of international and ethnic cuisines. Topics include
	similarities between food production systems used in the
	Kingdom of Saudi Arabia and other regions of the world.
	Students should produce foods that represent various societies
	illustrating their eating habits cultural characteristics.

Course title	Food Purchasing, Receiving and Storing
Course code	CUL 230
Credit hours	4
Medium of instruction	English Language
Course description	This course provides experience with purchasing, ordering, supplier selection, receiving, storing, inventory, issuing of

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products, correct product handling, and product security.

Course title	Food & Beverage Cost Control
Course code	CUL 231
Credit hours	4
Medium of instruction	English Language
Course description	This course is outlined to let students being recognizable with basic knowledge with emphasis on establishing food and beverage control standards, developing and monitoring operational budgets, managing food cycle control points. Students should be able to calculating, analyzing and reporting food and beverage costs and revenues within hospitality and catering operations.

Course title	Food Quality Management (Elective)
Course code	CUL 128
Credit hours	4
Medium of instruction	English Language
Course description	This course is designed to familiarize students with principles and methods of food quality control and assurance, quality management systems and standards existing within hospitality and catering operations. Students should be able to identify applications of food quality and use critical thinking in solving problems relating food quality issues.

Course title	Customer Service (Elective)
Course code	HOS 203
Credit hours	3



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Medium of instruction	English Language
Course description	This course provides students an overview for quality customer service with an emphasis on how to build life-long relationship with customers, customers' loyalty, and customers' satisfaction within hospitality operations by using systematic tools and skills. Students should be able to develop and apply the necessary skills of quality customer service in various situations within hospitality industry.

Course title	Culinary Entrepreneurship (Elective)
Course code	CUL 233
Credit hours	4
Medium of	English Language
instruction	
Course description	This course introduces an overview of the characteristics, contributions, and issues throughout management and growth of small and medium enterprises culinary operations. Students should be able to think critically and apply acquired skills to
	succeed in culinary businesses.