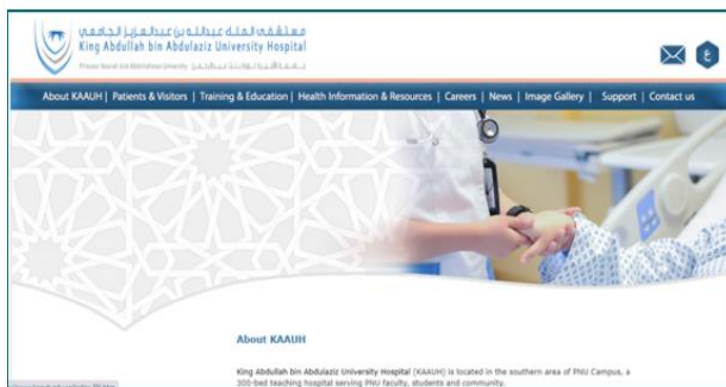


# SEXUAL AND REPRODUCTIVE HEALTH-CARE SERVICES

[Princess Nourah bint Abdul Rahman University \(PNU\)](#) has the [King Abdullah bin Abdulaziz University Hospital \(KAAUH\)](#). As part of the mission of the hospital, it is based on the integration of services provided with education and research that will bring the best knowledge and care to patients and students using the latest technology.



[kAAUH\\_2020](#)



[kAAUH\\_2020](#)

The entire PNU academic community can benefit from access to sexual and reproductive health-care services that KAAUH. These services of reproductive and sexual health care include:

- Family-planning counseling, information, education, communication, and services
- Education and services for prenatal care, safe delivery, and post-natal care, especially breastfeeding and infant and women's health care
- Prevention and appropriate treatment of infertility;
- Prevention and treatment of reproductive tract infections, sexually transmitted diseases, and other reproductive health conditions;
- Information, education, and counseling, as appropriate, on human sexuality, reproductive health, and responsible parenthood.

KAAUH is located at the southern end of Princess Nourah bint Abdulrahman University. It is an educational hospital equipped with a capacity of (300) beds. It includes outpatient clinics, hypnosis rooms, as well as an Ambulance and Emergency Department. In addition, the hospital has three integrated centers of excellence in the following disciplines:

- Woman Health.
- Adolescent Health.
- Child Growth and Development.

[In addition to specialized clinics that provide services in the fields of obstetrics and gynecology, internal medicine, surgery, pediatrics, Otorhinolaryngology, ophthalmology, and urology.](#)

On the other hand, KAAUH represented by the Women's Health Center announced the start-up of women's health clinics for girls (Under the age of 18) intended for the treatment of:

- Female health problems for technicians
- Hormonal disorders



PNU Announcements

One of the pillars of the hospital is to train the students of Princess Nourah bint Abdulrahman University and provide all the possibilities to create a distinct learning environment for them during their academic studies. The office is concerned with coordinating the training of students from the educational bodies in the hospital according to their needs and the hospital's absorptive capacity for training.



KAUH Academic Calendar

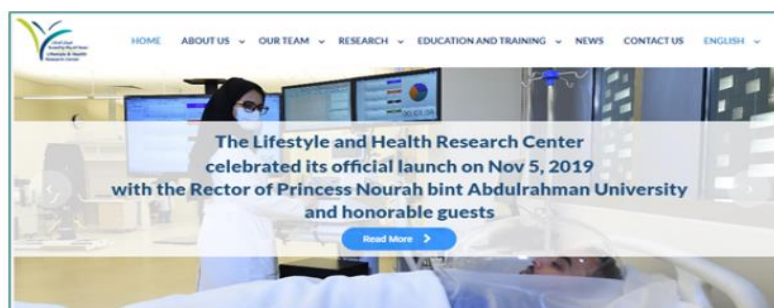
To awareness, pregnant women at King Abdullah University Hospital in Princess Nourah bint Abdulrahman University is a priority activity through of opening of specialized obstetrics and gynecology clinics which are equipped with the most recent planning and sonar devices.

One Example of the educational awareness courses given in this field in collaboration with King Abdullah bin Abdulaziz University Hospital is the awareness of the benefits of natural breastfeeding.



[KAAUH Academic Calendar](#)

The Health Sciences Research Center is one of many research centers at Princess Nourah bint Abdulrahman University which aspires to improve the quality of research for PNU's staff and students through developing research programs and projects aimed at supporting and promoting the University's strategies as well as the Kingdom's strategic plans and Vision 2030



[Health Sciences Research Center](#)

Princess Nourah bint Abdul Rahman University have performed some activities aiming to disseminate information related to reproductive health for women, some of which are shown below:

[PNU Women's Health Program](#) organized and sponsored "Asrar". Based on the enthusiasm of Princess Nourah Bint Abdulrahman University to serve the community and the safety of its members, the Dean of Community Service and Continuing Education, in association with the magazine "Diet and Beauty Secrets", organized the Health Program of Women at Princess Nourah Bint University. This program involved a group of medical consultants and specialists who delivered a series of educational conferences, accompanying educational activities and workshops, aimed at spreading awareness about reproductive health care among students. During the development of this program, which lasted four months, in each session a specific topic was presented, which was discussed by medical specialists, seeking to raise awareness about women's reproductive health and the importance of preserving it.



- An advertisement from the Health Sciences Research Center about a workshop entitled "The healthy pregnancy\_".



Women's Health Program

- A conference was held a lecture on mental and reproductive health for women by Dr. / Hanadi Bakhsh, Assistant Professor of Gynecology for Children and Adolescents, College of Human Medicine.



PNU Announcements

## [Rose Walking Race Event to raise awareness about Breast Cancer](#)

An invitation

To cover a distance of 5 kilometer

Are you up to challenge?

#Over- than- 90%

Join us for:

"Rose Walking Race"

To raise awareness about Breast Cancer

(October 2019)

Day: Thursday, October 17, 2019

Time: 6:00 to 9:00 PM

Place: Football playground in university staff club

## [PNU launches the "Midwifery" program next semester](#)

Princess Nourah Bint Abdulrahman University has launched the "Midwifery" program for Bachelor degree, which will be under the College of Nursing. The applicants admission of the program is going to begin next semester. It is considered the first Bachelor degree in Midwifery in Saudi Arabia and it consists of 5 academic years divided as followed: foundation year, 3 years off-course and the intern year.

The Vice Rector of Educational Affairs, Dr. Nawal AlRasheed, said that this program in particular was one of the first programmes that the University was seeking to create, as PNU is concerned in women's education and has a responsibility to contribute to achieving the Saudi Vision 2030 goals by empowering Saudi women in all sectors.

Dr. AlRasheed also noted that the creation of the Midwifery program comes within the university's five-year plan to create and develop academic programs that have a direct support from the university's Rector Dr. Enas AlEissa. The program was launched in 2018-2019, in response to the need of the labor market and the national employment plan in the both sectors; public and private, which contribute to achieving the development needs of the country.

Dr. Al-Rasheed explained that the work to build the program was done through a committee formed by the College of Nursing and consists of number of specialists. It will be under the direct supervision of the

University's Vice Rectorate for Educational Affairs. The College of Nursing took into account the preparation of the program in accordance with local and international standards, including the American Accreditation Commission for Midwifery Education (ACME).

The Dean of Nursing College, Dr. Samira AlSinani, stated that the College of Nursing at Princess Nourah Bint Abdulrahman University is going to qualify distinguished cadres to work in the midwifery field, thereby contributing to the quality of midwifery profession services and meeting the community's need. The creation of this program is supported as well by the Saudi Commission for Health Specialties due to the need for the labor market.

AlSinani indicated also that the "midwifery" profession is one of the health care fields. It provides care for women during pregnancy, labour and delivery in addition to postpartum period. The midwife as well is concerned in newborn babies up to six weeks old, including helping the mother in breastfeeding.

### [Activities of the Faculty of Nursing's Participation in Breast Cancer Awareness](#)

On Sunday, January 22, 1438, breast cancer awareness events began at the A4 station, and the Faculty of Nursing was instrumental in establishing a corner where awareness sprays, brochures and scarves were displayed with the breast cancer campaign logo, which was distributed to the audience, and a stereoscopic was placed to clarify and explain how to self-examine with the placement of a breast cancer logo and write letters to the breast cancer patient.

A number of students participated in the awareness corner and Professor Hassa al-Haqbani, and the conclusion was on Thursday in the Great Hall in the presence of H.E. The University's Undersecretary for Health Affairs Dr. . Samar Al-Saqqaf, under the supervision of A. His limb is ajami.