COLLABORATION WITH NGOS AND/OR BUSINESSES TO TACKLE THE SDGS

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Student volunteer

The family counseling center Princess Nora bint Abdulrahman University, through its programmes aiming:

- Help to strengthen your family relationships and deal properly with family and personal crises.
- Overcome psychological and social problems with the help of a team of female specialists and treatment in an atmosphere reassuring.

In the next table show some brochures of the different sessions and training courses.



Among the courses offered, the following stand out: <u>https://www.pnu.edu.sa/en/Pages/CenteralResearches.aspx</u>

Awareness and education courses

- Emotional Intelligence Course
- Emotional attachment pattern cycle
- Family problem solving course
- Successful marriage cycle starts from you
- A cycle so as not to interrupt the rope of marital communication

- A course towards better communication with teenagers
- Child behavior management skills course
- The course of emotional management and self-control
- Cycle, meet anxiety and be comfortable
- Self-confidence cycle
- "Effectiveness" when a trauma leaves a mark
- Our dialogue session with our children
- Marital dialogue session

Support programs

- Mindfulness skills
- Sleep
- Empirical skills
- Worried about tests
- A course in applying positive affirmations in relaxation
- Group therapy program for borderline personality disorder cases
- Support program for parents of hyperactive children

Professional training

- Sexual harassment course
- Constructive family therapy
- An effective treatment course for anxiety cases
- A course of effective treatment applications in cases of violence
- Drug course
- Effective education
- Psychotherapy with playing session
- Effective breeding
- Anxiety treatment skills
- Clinical interviews
- Sentiment scheme
- A course to develop specialist skills in the treatment of harassment
- Effective breeding

- Social anxiety
- Psychotherapy with toys
- Family therapy
- Introduction to psychotherapy
- Analysis of children's drawings

In this sense is worth noting that The Kingdom of Saudi Arabia pays great attention to voluntary works, so the Nourah Volunteer Incubator based their firm belief in its pioneering role and great impact on building the country and spreading of social cohesion among citizens, thus contributing to the process of development and community giving. The initiative of the Nourah Volunteer Incubator with a future creative vision for sustainable voluntary work and to contribute to the realization of the Kingdom's Vision 2030 in reaching one million volunteers.

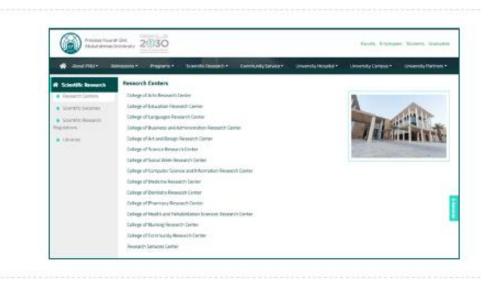


Research

programs

https://www.pnu.edu.sa/en/Pages/Nursery.aspx

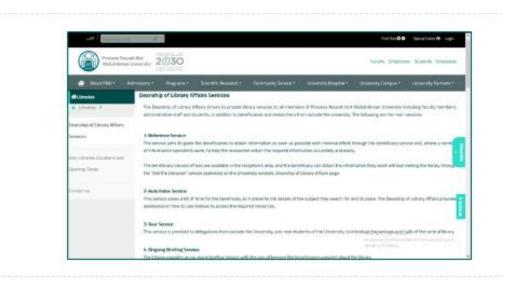
The university has 14 research centers (one for every college) that have many programs, four faculties in the Humanities, and ten divided between Scientific and Health Disciplines, also established Engineering College, we have, for example: Art & Design, Computer Sciences, Medicine, Pharmacy, Nursing, and Health and Rehabilitation Sciences Colleges.



In addition to a universal research center that is the hub for all researchers and research proposals for the university as a whole. PNU also has scientific societies that are the forum that brings its affiliates together, where they meet periodically to discuss and clarify ideas that contribute to the development of sciences in a particular specialization, as well as through specialized courses, scientific magazines, annual conferences, seminars and workshops. Linked this the scientific societies to be one of the tributaries of scientific mobility within the university and fall under the Postgraduate Studies and Scientific Research Vice-Rectorate.

Besides PNU have into of Deanship of Library Affairs that provides library services for students, faculty, and researchers not affiliated with PNU. The services available are discriminate in.

https://www.dcu.ie/



Development of educational resources

https://www.pnu.edu.sa/en/centers/cetl/pages/home.aspx

The deanship of Academic Development has the Center for Excellence in Teaching & Learning which provides workshops, seminars, and research lounges for faculty members [5]. The center invites highly qualified an well-known international researchers and professor to give seminars and workshops on the latest teaching methods and strategies. A seminar was conducted by Dr. Jennifer Keene; Professor of History and Chair of the History Department at Chapman University on "Developing Teaching & Research Skills for University Professors and Lecturers". Additionally, the university collaborated with HE Academy which is an organization committed to world-class teaching in higher education. PNU provides free consultation services to faculty members to apply for the fellowships. Our highly qualified team in the center ensures that all teaching and research tools are provided for all faculty members which will contribute to a highly qualified body of faculty in PNU.

